



*Massage & Bodywork Client Intake & Health History*

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Name & Phone: \_\_\_\_\_

List Regular Exercise or Physical Activities: \_\_\_\_\_

Current Prescription Medications: \_\_\_\_\_

List any acute or chronic illness, injuries or surgeries: \_\_\_\_\_

Reason for Initial Visit/ Areas or Tension or Pain: \_\_\_\_\_

Are you sensitive to perfumes, lotions or oils? YES / NO

Do you have any allergies? YES / NO

Do you have arthritis, osteoporosis or spinal issues? YES / NO

Do you have digestive issues? YES / NO

Do you have high blood pressure? YES / NO

Do you have a cardiac condition? YES / NO

Do you have any breathing or lung issues? YES / NO

Do you have varicose veins or blood clots? YES / NO

Do you have depression or anxiety? YES / NO

Are you pregnant? YES / NO

**If YES** to any of the above questions, please explain here:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## Skyhaven Massage Therapy Client Agreement

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I understand that the holistic massage & bodywork therapy given at Skyhaven Massage & Healing Arts is for the purpose of stress reduction, relief from muscular tension or spasm, or for increasing energy flow. I understand that the massage therapist does not diagnose illness, disease, or any other physical or mental disorder. As such, the therapist does not prescribe medical treatment or perform spinal manipulations. I understand that massage therapy is not a substitute for medical treatments and/or diagnosis and that it is recommended I see a physician for any physical ailments I may have. I take it upon myself to share any known medical conditions with the massage therapist at the time of my session, and keep the massage therapist updated on my physical health.

I understand that there will be no liability on the part of Skyhaven Massage & Healing Arts or individual massage therapist if I do not inform them of my current medical issues.

I understand that all services at Skyhaven Massage & Healing Arts are professional and therapeutic. I understand that it is illegal to request any sexual services and will not suggest, request or behave in a sexual manner.

Signature \_\_\_\_\_ Date \_\_\_\_\_